

National Association of Japanese Canadians

and

Safeway Holidays

presents

2015 Heritage Tour to Hawai'i

TENTATIVE ITINERARY

Oahu and the Big Island

March 3 - 12, 2015



The Hawaiian culture, food and language have been greatly influenced by Japanese immigrants and their descendents who now constitute the second largest ethnic group on the Islands. It is known that many of the Japanese who settled in Canada had sojourned in the Hawaiian island before coming to this country.

What makes this tour different from others is that we will have the chance to interact with Japanese Americans and experience their history and culture first hand with a visit to the Japanese Cultural Centre of Hawai'i.

The standard meals served in Hawaiian homes reflect the diverse and rich infusion of cultures that constitute the island's cuisine. In addition, we will visit some of the 'must see' places such as: Shirokiya and Don Quijote Department Stores in Honolulu; Fort DeRussy to learn about the exploits of the 442nd Japanese American Combat Regiment and visit with our friends at the Japanese Cultural Centre of Hawai'i . There will be free time for you to explore the local environment at your leisure.

While Waikiki and Oahu offer unique experiences, it is the youngest and the largest island, Big Island, that will transport us back into time. This unique island reminds of times that were simpler and laid back. It is also home to the active volcano, Kilauea – a must see on our itinerary. The legendary Kona Coffee is grown here and we will have ample opportunity to visit and sample the world famous coffee.

Note: this itinerary is subject to change

Day 1: In Transit (Tuesday, March 3)

Toronto Tour Members

Board Westjet TBC for Vancouver at Pearson International Airport. Tour members will meet at the boarding area gate.

All Tour Members:

Note: Please give yourself reasonable time to clear US Immigration and Customs at Vancouver. We will all meet in the boarding area of the departure lounge.

Westjet TBC Depart for Kailua-Kona Airport with arrival after 11:00 pm. Board van to proceed to King Kamehameha Hotel
<http://www.konabeachhotel.com/>

The remainder of the evening on your own or **better yet straight to bed!**

Day 2: (Wednesday, March 4): Kona Caffeine Express

8:00 am: Please meet in the lobby of the hotel for a group breakfast

Board rental van to proceed to the Kona coffee plantations of Hula Daddy and Blue thunder and a brief walkabout around the town of Holualoa with galleries.

Visit to Kona Historical Society - Uchida coffee farm in Kealakekua (admission)

South Kona Green Market in Captain Cook
<http://www.skgm.org/Welcome.html>

Dinner and the rest of the day on your own.

Places to eat:

Big Island Grill, 75-5702 Kuakini Hwy; (808) 326-1153;
<http://www.yelp.ca/biz/big-island-grill-kailua-kona-2>

Umeke's (Poke shop), 75-143 Hualalai Road, Ste 104; (808) 329-3050;
<http://www.yelp.co.uk/biz/umekes-kailua-kona>

For a listing of restaurants along Ali'i Drive (where our hotel is located) please visit: <http://www.discoverourtown.com/HI/Kailua-Kona/Dining-2977.html>

Shopping Centre/Grocery Store (both locations are a few minutes north east of our hotel):

Sack and Save Kona (Foodland), 75-5595 Palani Rd.; (808) 326-2729; Open 5 am to Midnight; <http://www.foodland.com/stores/sack-n-save-kona>

Kona Coast Shopping Centre, 74-5586 Palani Rd.; (808) 326-2262;
<http://konashopping.com/contactus/contactus.html>

Day 3: (Thursday, March 5)

Free Day

For those wishing to visit sites and shopping centres around the Kailua-Kona area and to do it cheaply are advised to visit the Keauhou Trolley site route
<http://www.keauhouresort.com/pdfs/trolley-schedule.pdf>

Day 4: (Friday, March 6)

Free Day

Day 5: (Saturday, March 7) Volcano/Hilo

Early breakfast on your own and check out.

8:00 am: Board tour van with luggage.

Puuhonua O Honaunau (City of Refuge)
<http://www.nps.gov/puho/index.htm>

Naalehu Hongwanji Mission
<http://www.naalehuhongwanji.org/>

Volcano National Park
<http://www.gohawaii.com/big-island/regions-neighborhoods/kau/hawaii-volcanoes-national-park>

Lunch in the small town of Volcano. (On your own)
<http://www.volcanogallery.com/VolcanoVillage.htm>

Visit Akatsuka Orchid Nursery
<http://www.akatsukaorchid.com/>

Proceed by van to the Castle Hilo Hawaiian Hotel.

<http://www.bing.com/local/details.aspx?lid=YN873x130469326&qt=yp&what=Castle+Hilo+Hawaiian&where=Ontario+M3H+6A7&scid=ansPhBkYp02&mk=en-CA&qpv=Castle+Hilo+Hawaiian&FORM=LARE>

Dinner on your own. Some suggested restaurants.

Loco Moco: <http://global-writes.com/2011/09/loco-moco-a-hilo-original.html>

Koji's Bento Korner; 52 Ponahawai St, (808) 935-1417;
<http://www.yelp.com/biz/kojis-bento-korner-inc-hilo>

Cafe 100; 969 Kilauea Ave.; (808) 935-8683; <http://www.yelp.ca/biz/cafe-100-hilo>

Ken's House of Pancakes, 1730 Kamehameha Hwy; (808) 935-8711;
<http://www.yelp.ca/biz/kens-house-of-pancakes-hilo> ;
[kenshouseofpancakes.com](http://www.kenshouseofpancakes.com)

Kawamoto Store, 784 Kilauea Ave.; 808-935-8209;
<http://www.yelp.com/biz/kawamoto-store-hilo>

Puka Puka Kitchen, 270 Kamehameha Ave.; (808) 933-2121;
<http://www.yelp.com/biz/puka-puka-kitchen-hilo>

Day 6: (Sunday, March 8) - Hilo Walkabout

Breakfast on your own

9:30 am: Gather in the hotel lobby to the Hilo Farmers Market (1.3 miles)
<http://hilofarmersmarket.com/> where you are free to spend the day to meet over 200 farmers and crafters. Please note that the Market is open: Monday, Tuesday, Thursday and Friday with 30 farmers and crafters from 7:00 am to 4:00 pm. Please check out the on-line discount stubs
<http://hilofarmersmarket.com/coupons1.html>

Lunch and dinner on your own

Day 7: (Monday, March 9) – Hilo

Breakfast on your own.

9:30 am: Gather in the Hotel lobby for a Hilo walkabout to: Naha and Pinao Stones; Lyman Museum and Mission House; Keawe Street; Pacific tsunami museum; S. Hata Museum
<http://downtownhilo.com/>

On return stop off at to Two Ladies Kitchen
http://www.tripadvisor.ca/Restaurant_Review-g60583-d2189266-Reviews-Two_Ladies_Kitchen-Hilo_Island_of_Hawaii_Hawaii.html (mochi; opens at 10:00 am)

Lunch and dinner on your own

Day 8: (Tuesday, March 10) – Honolulu

Breakfast on your own

Board taxi/van to proceed to Hilo airport for Honolulu

Proceed by taxi/van to Ohana Waikiki East hotel:

http://www.ohanahotelsoahu.com/ohana_east/

Lunch on your own

Meet in the lobby of our Hotel to walk over to Fort Derussy and learn about the history of the Pacific war and the important role played by Japanese Hawaiians. Of special note are the exhibits to: 442 Japanese American Combat Regiment and an exhibit of the military life of General Shinseki – current Secretary of Veterans Affairs. Make sure you visit the souvenir shop by the entrance! This is a self-guided tour so take your time and enjoy.

[http://en.wikipedia.org/wiki/Fort_DeRussy_\(Hawaii\)](http://en.wikipedia.org/wiki/Fort_DeRussy_(Hawaii))

Walk back to your hotel or shop along Waikiki at leisure. If you have time, you may wish to walk inside the lobby area of: Sheraton Waikiki, Royal Hawaiian Hotel (Pink Lady) and the oldest hotel in Waikiki, Moana Surfrider (built in 1901) across from our hotel.

Dinner on your own

Suggested activities: Duke's Lane, Royal Hawaiian Plaza. If you find Waikiki Beach too crowded you could walk east on Kalakaua towards the New Otani Hotel which fronts the small Sans Souci Beach (lifeguard station; showers)

For dining suggestions around our hotel area, please see page 5-6:

Day 9: (Wednesday, March 11)

Breakfast on your own

8:30 am: Meet at the hotel lobby to take a van taxi to the Japanese Cultural Centre of Hawaii.

11:30 am: Return to the hotel by van taxi

Lunch on your own

Day 10: (Thursday, March 12) – Aloha

Breakfast on your own

Please check out at and leave your luggage at the hotel. You have a full day to explore Waikiki and or Honolulu

7:00 pm: Claim your luggage and board the van for Honolulu Airport.

Carrier and flight time to be confirmed.

Affordable Dining Near the Hotel

Marukame Udon: 2310 Kuhio Ave (808-931-6000) - located one block north of our hotel but they are always busy so best to go early. **THEY ARE ALSO OPEN FOR BREAKFAST!!!** www.yelp.com/biz/marukame-udon-honolulu

Food Pantry: 2370 Kuhio Ave (808-923-9831) - located one block

north and east of our hotel; a grocery store with take out. In addition, there is a good coffee shop and food kiosks inside the building.

www.yelp.com/biz/food-pantry-ltd-honolulu-2

Saint Germain Bakery: 2301 Kuhio (808-924-4305). For those wishing a light breakfast or snack. www.stghi.com/location-wakiki.htm

Panya Bakery and Café: 2233 Kalakaua Ave, Building B 106-A
www.panyagroup.com

Coconut Café: 2441 Kuhio

<http://www.yelp.ca/biz/coconut-cafe-honolulu>

Keoni's at the Outrigger East Hotel: 150 Kaiulani
<http://restauranteur.com/keoni/>

Odoriko at King's Village: 131 Kaiulani

<http://www.yelp.com/biz/odoriko-restaurant-honolulu?start=40>

Zippy's: 601 Kapahulu (Please note that this would be about a 15-20 minute walk NE of our hotel)

<http://www.yelp.com/biz/zippys-kapahulu-honolulu#query:zippy%20in%20waikiki>

Rainbow Drive-In: 3308 Kanaina Ave. A landmark institution where President Obama dined here before he became famous. Another 15-20 minute walk on Kapahulu.

<http://www.yelp.com/biz/rainbow-drive-in-honolulu#query:rainbow%20drive%20in%20kapahulu>

Ringer Hut (Inside the Waikiki Trade Center): 2255 Kuhio Ave. Recommended for their \$8.95 Tonkatsu (breaded pork) lunch.

http://www.yelp.ca/biz_photos/ringer-hut-honolulu-2?select=sKnjZ4bb-0AWxWqJv7cHOw#sKnjZ4bb-0AWxWqJv7cHOw

Suggested dining inside the Ala Moana Shopping Center:

***Goma Tei Ramen** on the ground floor of the Ala Moana Center
<http://www.yelp.com/biz/goma-tei-ramen-restaurant-honolulu>

***Beer Garden and restaurant** inside Shirokiya Department Store on the second floor or pick up bento to eat in or out
<http://www.shirokiya.com/>

***Food court** on the ground floor of Ala Moana Shopping Center
Return at your leisure by taking the Waikiki Red Line from the Ala Moana Shopping Center (southside) and disembarking at the Moana Surfrider Hotel. Please see the ground floor map provided:
http://alamoanacenter.com/App/Images/AMC-Maps_Listings.pdf

